

SPIRITUAL RETREAT AT LAKE WINNIPESAUKEE

REALIGN & REDESIGN YOUR SOUL'S PATH

JUNE 5-7 | JUNE 16-18 | JULY 8-10

Step away from the noise of daily life and immerse yourself in a **soul-nourishing retreat** designed to help you reconnect with your higher self, release what no longer serves you, and embrace a renewed sense of clarity and purpose. Whether you seek deep meditation, personal transformation, or healing after loss, this retreat offers a sacred space to explore profound spiritual teachings, guided practices, and the wisdom of the Divine.

LOCATION:

Nestled on the shores of **Lake Winnepesaukee**, you'll experience the beauty of nature while engaging in powerful meditations, insightful lessons, and meaningful connections with like-minded souls. From sunrise reflections on the water to fireside conversations under the stars, each moment is designed to **realign, recharge, and inspire**.

YOUR RETREAT EXPERIENCE:

Come relax, reset, and enjoy all that nature has to offer. In addition to your class options, you'll have time to:

- Swim, kayak, or paddleboard on the lake
- Gather around the fire pit for s'mores and great conversation
- Take in the fresh air with a peaceful hike
- Play games, share stories, and connect with a supportive group

What to Bring

- Bathing suit, hiking shoes, sunblock
- Any special drinks or teas you like
- Journals and pens
- The book for your chosen class, if required

See next page for class options!

\$750

EARLY BIRDS SAVE \$50

Sign-up 2 months prior to retreat and pay \$700.
Price includes Room board, and all class materials.



CLASS OPTIONS:

I AM Meditation Program

Breathwork, meditation, and visualization to connect to your Higher Consciousness! Learn self healing steps to release shocks and traumas that took your breath away. Call back your breath! Call back your Soul. Reconnect to your I AM.

Divine Matrix – Level 2: ReAlign & ReDesign

As taught by Ascended Master Djwal Khul, this is an advanced meditation program for aura expansion and chakra alignment with the I AM Presence.

Connect the Dots

Pull everything together—your patterns, dreams, signs, and messages so you can fully understand and integrate them.

Healing After Loss

Explore beliefs about life after death, communication with the other side, and knowing that love never dies—eternal, unconditional love.

DATES & TIMES:

Choose the session that works best for you:

- **June 5–7** (Wednesday–Friday)
 - **June 16–18** (Monday–Wednesday)
 - **July 8–10*** (Tuesday–Thursday)
- *Optional Fun Day on July 11 if you'd like to stay and relax*

Retreats begin at 1:00 PM on the first day and wrap up around 2:00–3:00 PM on the last day.

RETREAT FEE & EARLY BIRD DISCOUNT

- **Retreat Fee: \$750** (Includes room, board, and all class materials)
- **Early Bird Discount: \$700** Save \$50 when paid in full two months before retreat start date.

Way of God's Love – Teachings & Transformations

Choose from:

- **Universal Laws** – Refocus and realign your life using spiritual principles.
- **Magical & Mystical Moments** – Dive deeper into those extra special moments, their meaning, and purpose. Share your experiences!
- **Change Your Thoughts, Change Your Life** – Start truly seeing life through a new lens.
- **Patterns in Your Life** – Track and work with life patterns—major shifts, health, career, and relationships. Recognize which ones need to change before they repeat!



**SPOTS ARE LIMITED!
SIGN UP TODAY**

Contact Barbara Strassman:
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